

MONDAY LUNCH MENU

BISTRO

Teriyaki glazed tofu with sesame, ginger roasted broccoli
and steamed rice

or

Teriyaki glazed salmon with sesame, ginger roasted broccoli
and steamed rice

MARKET SPECIALS

Lemon chicken Caesar wrap with romaine lettuce,
sun-blushed tomatoes,
crispy bacon and parmesan dressing

SIDES

Selection of Seasonal vegetables

Our chefs will gladly adapt any dishes to accommodate any dietary requirements

PLEASE NOTE: IF YOU SUFFER FROM SEVERE FOOD ALLERGIES OR HAVE ANY
QUESTIONS PLEASE SPEAK TO A MEMBER OF OUR TEAM.

TUESDAY LUNCH MENU

BISTRO

Butternut, red pepper, cherry tomato filo galette
with feta and lovage pesto

or

Lemon and tarragon free range chicken
with wild garlic pasta, spinach and aged parmesan

MARKET SPECIALS

Crispy fish burger with tartar sauce and iceberg lettuce

SIDES

Selection of Seasonal vegetables

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QUESTIONS PLEASE SPEAK TO A MEMBER OF OUR TEAM.

WEDNESDAY LUNCH MENU

BISTRO

Grilled cauliflower steak with romesco sauce,
caper and raisin dressing

or

Pan fried sea bream
with spring vegetables and sauce vierge

MARKET SPECIALS

Apollo salt beef bagel with smoked cucumbers, sauerkraut,
Swiss cheese and American mayonnaise

SIDES

Selection of Seasonal vegetables

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THURSDAY LUNCH MENU

BISTRO

Thai spiced chickpea loaded jacket potato
with crispy onions

or

Grilled lamb steak with warm Moroccan spiced couscous
salad and preserved lemon salsa

MARKET SPECIALS

Baked oat and mixed seed crusted chicken tenders
with BBQ sauce and green slaw on soft tortilla wrap

SIDES

Selection of Seasonal vegetables

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FRIDAY LUNCH MENU

BISTRO

Meantime ale battered loin of cod
with tartare sauce and lemon wedge

SIDES

Mushy peas
Garden peas
Triple cooked chips

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